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| **Academic Discussion Topic: *Adolescent Sleep Habits*** |

mobileme THINK: Consider reasons adolescents fail to get sufficient sleep on a regular basis during the school week. Draw from background knowledge and experiences.

1. 4.

2. 5.

3. 6.

notepad-write WRITE: Rewrite two ideas using the sentence frames. Include precise word choices.  
Prepare to elaborate upon your idea verbally if you are asked to report.

Frame 1: Based on my experience, many/some adolescents don’t get sufficient sleep during the school week because they (present tense: *spend, work*)

Response:

Frame 2: From my perspective, many/some adolescents fail to get sufficient sleep on school nights due to (noun phrase: *their household responsibilities)*

Response:

Word Bank: Everyday Precise

long (ADJ) extensive,

non-stop (ADJ) incessant, continuous

work (NOUN) responsibilities,

worries (NOUN) issues,

discussion DISCUSS: Listen attentively to, restate, and record notes on your classmates’ ideas.   
Start by listening attentively, restating, and recording your partner’s idea.

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| **Classmates’ names** | **Ideas** |
| **1.** |  |
| **2.** |  |
| **3.** |  |

announcment - 32px REPORT: Prepare to report your idea during the whole group discussion.   
Listen attentively, and utilize frames to highlight similarities.

*•My idea is similar to ’s. •My idea builds upon ’s.*